

## FRIDAY, MAY 31<sup>ST</sup>

### 6.00-6.30 pm OPENING CEREMONY

The festival kicks off at the presence of the Deputy Mayor of Ulassai, climber Alessandro Zeni, and some representatives of various associations and organizations involved in organizing the weekend's activities. They'll provide a quick overview of the weekend's program.

### 6.30-8.00 pm BIKE SHOW

Led by Davide Riffaldi, an international bike trial champion, this show features acrobatic stunts with his bike, inviting the audience to try their hand at riding a Reverse Bike.

### 8.00-8.30 pm FILM SCREENING - BEYOND THE WALL

The screening of "Beyond the Wall" immerses viewers in the territory, showcasing one of the most resonant activities amid the majestic limestone walls surrounding the village.

### 8.30-9.30 pm TRICKLINE SHOW

Set to music, this show features breathtaking acrobatics performed on a slackline set up in Piazza Barigau, promising an engaging spectacle.

### 9.30-11.00 pm SPECIAL GUEST ALESSANDRO ZENI

Trentino top climber Alessandro Zeni hosts "The Flying Squirrel," taking guests on a journey through his most notable climbs before culminating in the screening of his film "ETERNIT."

## SATURDAY, JUNE 1<sup>ST</sup>

### 9.00-10.00 am PILATES

Activate your muscles and immerse yourself in a serene atmosphere surrounded by the beauty of the landscape

### 9.30 am MTB/E-MTB TOUR

Explore pristine nature with a guided mountain bike tour, discovering the unique panorama of the region around.

### 9.30 am ENDURO TOUR

Take on an enduro challenge along a route of about 25 km in length and 1,000 meters of elevation gain (transfers included).

### 10.00-11.00 am YOGA

Start your day right and energize yourself.

### 10.00 am-18.30 pm HIGHLINE AND SLACKLINE CANYON

For all enthusiasts, experience unique lines immersed in an unparalleled natural setting.

### 10.00 am - 18.00 pm ARTIFICIAL WALL CLIMBING SESSIONS

A unique opportunity for those new to the sport to experience the magic of the vertical world.

### 10.00 am - 18.00 pm CLIMBING ENDURANCE

A self-managed climbing challenge where the best have the chance to win some prizes. Check out the complete rules here.

### 10.00 am GUIDED TREKKING TOUR

A guided tourist excursion, lasting approximately 5/6 hours, to fully enjoy the beauty of our landscapes.

### 10.00 am - 7.00 pm PARKOUR

Learn obstacle overcoming techniques, balance, and agility in an educational activity, accompanied by free sessions, under the supervision of qualified instructors. The activity will be held at alternate times (1 hour of activity and 1 hour break).

### 10.00-12.00 am SLOW FOOD WORKSHOP

Become a chef for a day and learn to prepare Sardinian delicacies like fregola and culurgiones for an unforgettable culinary experience.

### 11.00 am - 1.00 pm FOOT REFLEXOLOGY WORKSHOP

Discover the benefits of foot reflexology for climbers and learn to take care of your feet (or your partner's) with this dedicated wellness workshop.

### 11.30 am - 1.00 pm TRICKLINE SHOW & EXPERIENCE

Enjoy the spectacle of athletes performing incredible tricks and experience this fun and stimulating discipline yourself.

### 1.30-2.00 pm ENDURO TOUR AWARDS CEREMONY

Celebrate the top participants through the presentation of some prizes provided by the organization.

### 3.00-4.00 pm TRICKLINE SHOW & EXPERIENCE

Enjoy another session of trickline in the main square and try your hand at it too.

### 4.00 pm MTB/E-MTB TOUR

Continue your mountain bike adventure with a new guided tour to discover the natural treasures of Ulassai.

### 5.00-6.00 pm PILATES

Strengthen your muscles and regain balance after an intense day of activities, preparing yourself for the evening ahead.

### 5.00-6.30 pm TRICKLINE SHOW & EXPERIENCE

Unleash your adventurous spirit by attending another session of trickline and experience the beauty of this discipline yourself.

### 6.00-7.00 pm YOGA

Relax your body and mind after a busy day, regaining energy for the upcoming festivities.

### 6.30-7.00 pm CLIMBING ENDURANCE AWARDS CEREMONY

Celebrate the top participants of the climbing challenge with special prizes presented directly by our special guest and elite climber Alessandro Zeni.

### 7.00-8.00 pm CINEFORUM - S'AVANZADA

An exciting movie night awaits us, starting with the presentation and screening of the film 'S'avanzada', enriched by the special participation of its main characters.

### 8.00 pm TRADITIONAL DINNER BEGINS

Taste traditional Sardinian dishes for an authentic culinary experience.

### 8.00-9.00 pm CINEFORUM - RUGA & CARIE

After enjoying a delicious dinner, immerse yourself in the documentaries Ruga and Carie. Discover how climbing can become a vehicle for spreading the voice of a territory and its community.

### 9.00-10.00 pm CINEFORUM - STILL ALIVE

A unique opportunity to meet and hear from Klaas Willems, with the presentation and screening of his film Still Alive.

### 10.00-10.30 pm AERIAL FABRICS & BOLAS SHOW

An engaging performance of aerial fabrics and bolas, accompanied by a musical backdrop, to immerse ourselves in an evening of rhythmic music.

### 10.30 pm - 01.00 am DJ SET

Let loose until the early hours with our DJ Sticky Verde, who will make you groove to reggaeton, groove, underground Latin, and Caribbean beats.

## SUNDAY, JUNE 2<sup>ND</sup>

### 9.00-10.00 am YOGA

Awaken your body and replenish your energy to tackle the day ahead.

### 9.00 am GUIDED TREKKING TOUR

Explore the surrounding landscapes on a 5/6-hour guided tour immersed in untouched nature.

### 9.30 am - 1.00 pm ARTIFICIAL WALL CLIMBING SESSIONS

An opportunity for beginners to try their hand at this sport under the expert guidance of our staff.

### 9.30 am MTB/E-MTB TOUR

Another guided mountain bike adventure to discover hidden corners of our territory.

### 10.00 am - 2.00 pm HIGHLINE AND SLACKLINE CANYON

A unique experience for balance enthusiasts, with lines immersed in a breathtaking scenery.

### 10.00 am - 1.00 pm PARKOUR

Discover urban movement skills in a continuous and fun educational activity.

### 10.00-11.00 am PILATES

Strengthen yourself and admire the magnificent views of Ulassai while reactivating your body.

### 10.00 am - 12.30 pm KIDS' MTB WORKSHOP

Youngsters will learn the basics of mountain biking in a fun and safe environment.

### 10.00 am - 1.00 pm ROCK CLIMBING WORKSHOP

Some participants will have the opportunity to join a practical rock climbing session with top climber Klaas Willems and our alpine guides. An opportunity to delve into technical aspects and hone the skills required to send your next project.

### 11.00 am - 1.00 pm FOOT REFLEXOLOGY WORKSHOP

Discover the benefits of foot reflexology and learn how to take care of your foot to improve balance, concentration, reduce stress, and achieve maximum relaxation before tackling your next project.

### 12.00-1.00 pm SLACKLINE EXPERIENCE

Venture into the thrill of walking suspended in mid-air, just inches from the ground, and be swept away by a unique and unforgettable sensation.

### 1.00-2.00 pm CLOSING

Thank you and a spectacular trick show on the slackline set up in the square to end on a high note.