

# General Rules & Regulations of Participation

The participation at the Ulassai Festival is subject to the reading and acceptance of each of the following regulations.

## DATES, TIMING AND ACTIVITIES

The Ulassai Festival is a **three-day event** dedicated to non-competitive outdoor activities. The event offers guided MTB trails (electric and traditional), yoga/pilates classes, guided treks, parkour sessions, sport climbing experiences and contests, highline and slackline practice and related workshops.

The event is spread over 3 days, **from May 31st to June 2nd 2024** according to the following schedule:

- **Friday 31st May 6pm - 11pm**
- **Saturday 1st June 9am - 1am**
- **Sunday 2nd June 09am - 2pm**

## PARTICIPATION PROCEDURE

Registration is open to **anyone over the age of 18**. Children **from 14 years** old may participate only if **accompanied by a parent/legal guardian** who must sign the consent. Parkour activities are also open to kids over 10 years of age, the MTB workshop over 3 years of age and the activity of climbing on an artificial wall over 6 years of age.

Registration can be done online via [ulassaifestival.com](http://ulassaifestival.com) and must be **confirmed on site** at the organization's booth, where it will be required to **fill out a liability release form** extended to the practice of sports activities, the use of the tent area, set up in Piazza Barigau, and the RV parking areas in the surrounding area.

After registration, all participants will be given with a **wristband** that will validate their correct registration at the event and it will **guarantee access to the event's sports activities**, subjected to advance registration for the activities with a limited number of participants.

## CLIMBING

Each participant interested in this activity will be given with a **regulation** on the **operation of "climbing endurance"**: an activity that will take place on Saturday June 1st, which will be followed by an award ceremony for the **best participants**, who will receive gadgets provided by the organization. The **artificial climbing wall** set up in Barigau Square **may be used exclusively under the supervision of qualified personnel**.

On the morning of Sunday June 2nd, a climbing workshop is scheduled and the participation in this is limited to a maximum number of 12 people who will be drawn from a list of interested parties.

## MOUNTAIN BIKE

MTB activities include an enduro trail, on June 1st and a series of guided cycle hiking tours, during the days of June 1st and 2nd. The coordinators reserve the right to make any decision necessary to ensure their proper conduct and compliance with safety regulations. This includes the right to suspend an attendant's participation for health and/or other reasons.

The enduro event, which is to be considered non-competitive, will offer **prizes to the most deserving participants**, which will be awarded at the end of the event. Tours will include **accompaniment by specialized guides** along the trails in the area. There will be 3 tours available (2 on Saturday and 1 on Sunday) to sign up for.

Participation in a tour does not prohibit the opportunity to re-enroll later in the same activity but, in that case, the user will not have priority access and will be placed at the bottom of the ranking list. His or her participation will then be subject to the availability of places present.

Activities can be carried out either by **e-bike** or **traditional means**, either own or rented. **Participation in individual tours will be guaranteed until available reservations (30 places)** are reached and must be confirmed at the time of registration.

Participants should be at the starting point at the time indicated during the registration. Those using their own vehicles must ensure that they are in good condition and must be self-sufficient in repairs.

## YOGA/PILATES

**Activities will be organized in different shifts** on Saturday and Sunday, both in the morning and in the evening.

The activities do not require specific registration for individual shifts, since they will be open to all participants (unless space runs out), but still **require registration as festival participants**. It is recommended to have the necessary equipment for carrying out the practice (yoga mat).

## TREKKING

During the event, **2 guided hikes** (one on Saturday and one on Sunday) will be organized and for each of them, each participant can register directly on site, till the reaching of the maximum number of available places (30 participants per tour).

## PARKOUR

The activities are open to all attendees, according to the times indicated in the program, upon registration and the reaching of the maximum number of available seats (10 participants per session).

There will be two areas: one dedicated to teaching and a free area for practice.

## SLACKLINE/HIGHLINE

The activity includes the **installation of several lines**, including the main **500-meter line**, some smaller ones and the tricklines set up in Barigau Square for performances and rehearsals of the attending audience.

Participation in these activities is strictly conditional on the registration to the festival. Each line will be **supervised by qualified personnel** who will have the authority to assess the psychophysical capacity of the participants and authorize or deny their participation. Activities are allowed only and exclusively under the supervision of the qualified personnel.

It is **strictly forbidden to use these lines outside the established hours** and **violation** of this rule will **result in exclusion from the festival**. No liability is accepted for damage or accidents resulting from failure to comply with the prescribed conditions.

## EQUIPMENT AND SAFETY

During the event, participants **must use only approved equipment for sport climbing, mountain biking, slackline/highline**. For enduro activities, it is always mandatory the usage of helmet and back protector. The coordinators will make every effort to ensure that all participants respect the aforementioned regulations, but they **disclaim any responsibility** in case of non-use of suitable material for the activity practiced.

## WEATHER

The organization **reserves the right to unquestionably discontinue any activity in case of adverse weather conditions** that would affect its proper execution, both from a practical point of view and the safety of the participants.

It is warned that such an interruption may not allow the full or proper recovery of the activity itself.

## GARBAGE

**Dedicated waste collection islands will be placed in the areas**. All participants agree to properly dispose of their waste. **Under no circumstances may waste be abandoned in areas not designated for this purpose**.

## RESPONSIBILITY

The sports activities proposed may present risks, of which **each participant is aware and accepts the risks assuming all responsibility**.

The organization will not be held responsible under any circumstances for any accidents resulting from **careless or dangerous behavior** or from objective risks unrelated to the organization itself. The organization accepts no responsibility for damage to objects, loss or theft during the event.

The **consumption of alcohol** and **all those substances capable of altering the psychophysical state**, during the practice of sports activities **is prohibited**.